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**ABSTRACT OF THE DISCLOSURE**

5 A shock absorber is comprised of a cylinder defining a chamber ther in,  
the cylinder containing a fluid; a piston rod sealingly projecting into the cylinder  
and being axially displaceable with respect to the cylinder; a piston being  
10 attached to the piston rod, the piston being slidably disposed within the cylinder  
to sealingly divide the cylinder into first and second chambers; means for  
permitting fluid communication between the first and second chambers; th  
means for permitting fluid communication being disposed in at least a portion of  
the piston. The fluid is comprised of a polyol ester the polyol component of which  
15 is a hindered polyol and the carboxylic acid component is a mono-carboxylic acid  
having from about 5 to about 18 carbon atoms.

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